



DEC. SUN, 27 Christmas Holiday Worship Schedule	MON, 28 Fitness Center Closed	TUE, 29	WED, 30 NO Wednesday Night Activities Fitness Center Closed	THU,31	JAN. FRI, 1 Campus Closed	SAT, 2 Passion Conference
<b>SUN, 3</b> Regular Worship Service Resumes Elder Prayer Passion Conference	MON, 4 Passion Conference	<b>TUE, 5</b> Mothers of Preschoolers - MOPS Daughters of the King Prayer Gathering (PM)	WED, 6 NO Wednesday Night Activities	<b>THU, 7</b> Daughters of the King Prayer Gathering (AM)	FRI, 8	SAT, 9
SUN, 10 Cultivate Challenge Kick off Baptism	MON, 11	TUE, 12	WED, 13 Wednesday Nights @ Carmel Prayer Gathering with Pastor Alex	<b>THU, 14</b> Daughters of the King Prayer Gathering (AM)	FRI, 15	SAT, 16
SUN, 17 Cultivate Challenge	MON, 18 Martin Luther King Holiday - Campus Closed	TUE, 19 Daughters of the King Prayer Gathering (PM)	WED, 20 Wednesday Nights @ Carmel	THU, 21 Daughters of the King Prayer Gathering (AM)	FRI, 22	SAT, 23
SUN, 24 Cultivate Challenge	MON, 25	TUE, 26	WED, 27 Wednesday Nights @ Carmel	<b>THU, 28</b> Daughters of the King Prayer Gathering (AM)	FRI, 29	SAT, 30
SUN, 31 Cultivate Challenge WEE School in-house registration begins	MON, 1	interest connect meets a	ed in learning more a ed. The class consists t 9:30am between Fe	rning class for those bout the church, the of six sessions taug bruary 7 and March	FRI, 5 7 who are new to Carm Bible and how to get ght by Pastor Jay Han 13 in room A243. Com iss at either Welcome	more cock and ne as you are



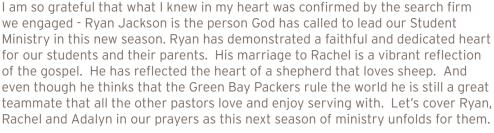
#### January 2016

Carmel Family & Friends:

The new year is upon us and I am so excited about 2016!

As we start 2016:

#### **Our New Student Pastor is in Place**



#### The Cultivate Challenge Takes Root

We will start the year with an intentional time of learning focused on two things growing individually as disciples and rallying the Carmel Family to build dedicated space for Student discipleship. We are trusting God will use this time to re-ignite within each of us a desire to live differently for Him and to invest in the next generation for His glory. The **Cultivate Challenge** is January 10 - February 21. But it is more than just 7 weeks - it's what we hope is a season that roots each of us to live counter culture lives of open hands that impact eternity.

#### We Want You to Pray - A LOT!

January begins a focused, church-wide, intentional year of prayer. We want you to pray and journal what you are hearing from God. Prayer Journals will be available in the Gathering Space mid month - our gift to help you invest in the most important conversation of your day!

It's 2016. Let's put a stake in the ground. Let's make 2016 THE year we pray more, are in the Word more, open our hands more, love our neighbors more, listen for the Holy Spirit more, engage with the kids in our life more...

Love you Carmel,

Pastor Alex



LIVE GENEROUSLY

### A CALL TO PRAYER.



## Wednesday Nights @ Carmel

The Carmel Family comes together on Wednesday nights for dinner (served 4:45 - 6:15pm), fellowship and equipping (6:15- 7:30pm). This semester we have a few **NEW** things planned:

### January

January 13: Prayer Gathering with Pastor Alex in the Worship Center

#### January 20 & 27: The Power of Short-Term Missions: The What, Why and Wow

Have you ever considered going on a short-term mission trip, but weren't sure what was involved or whether you were "qualified"? Come hear how you can participate in one of the greatest life-changing experiences in your walk with the Lord. And, hear from members of the Carmel family who have experienced short-term missions.

### February - April: New Opportunities for Adults

Adults - consider one of these NEW ways to spend your Wednesday Night @ Carmel?

**RELAX**: Areas will be designated for people to relax in a "quiet space" for connecting with God.

**RECONNECT**: The Worship Center will be a place to reconnect with others and talk about the previous Sunday's sermon.

**RECHARGE**: Four classes will be offered to help people recharge and include:

Kids' Brains and Screens Workshop presented by Families Managing Media organization

Go Across the Street presented by the Women's Ministry team

*Developing a Budget Spending Plan* using Compass Financial resources, presented by our Stewardship of Life team *Finding Your Nearest Place to Serve* presented by the Adult Ministry team

### Registration for these classes will begin in January.



### **Ryan Jackson Named Student Pastor**

Last month, Ryan Jackson was named Student Pastor. Ryan has served Carmel Student Ministry for 3 1/2 years and has such a heart for students and their families. Ryan is a man of integrity who loves God's Word and wants the next generation to love it, too. He is passionately committed to the mission of our church, and we believe there are bright days ahead for the Student Ministry!

### **Two New Discipleship Communities**

Not currently involved in a Discipleship Community at Carmel? Visit a few this month to find the right fit! Stop by any Welcome Desk for a complete list of DCs. Two new groups launch Sunday, January 10:

### Young Single Ad<mark>ults</mark> - 9:30am (A107)

This group welcomes young single adults (early to mid 20's) that are beyond their college years.

### Parents with Younger Children - 11:00am (A100)

This groups welcomes parents with younger children into a mentoring, encouraging community.

### **Care Ministry**

### GriefShare: It Hurts to Lose Someone

Have you lost a loved one? You don't have to go through the grieving process alone. Carmel is looking to start GriefShare - a friendly, caring group of people who will walk alongside you through one of life's most difficult experiences. If interested, contact David Dixon at davidd@carmelbaptist.org.





# THE CULTIVATE CHALLENGE IS TAKING ROOT

Colossians 2:7 instructs disciples of Jesus Christ to be rooted and built up in Him, strengthened in faith and overflowing with thankfulness.

Don't miss Sunday mornings and focused prayer opportunities in January and February - they will help cultivate our hearts and homes to be fertile soil where roots grow deep. Join us for a planting season at Carmel where we invest in dedicated space in order to live fruitfully and to make disciples where we overflow with thanksgiving and petition for heart transformation within ourselves and our Nearest.

### Sunday Mornings

January 10	Cultivate: The Challenge Takes Root
January 17	Remain: Dependency on Christ
January 24	Root: Dependency on His Word
January 31	Renew: Passion for the Next Generatio
February 7	Remember: Dependency on Prayer
February 14	Release: The Joy of Sacrificial Living
February 21	Reap: Unity

carmelbaptist.org/cultivate

MAKE DISCIPLES

LIVE GENEROUSL





### Senior Adult Ministry Opportunities

If you are 55+ years old, mark your calendar NOW to connect and be encouraged through service and fellowship opportunities with our Senior Adult Ministry! Here are a few upcoming events:

• Thursday, January 14:

• Thursday, March 10:

- Sing-A-Long & Lunch Thursday, February 11:
  - Game Day, Lunch & War Room Movie
  - Carmel Christian School Play & Lunch

Other activities being planned for 2016 include trips to Stowe, West Jefferson and Tanglewood, as well as Homebound Visits and Card Writing. Stay tuned for more details.

### Women's Ministry News

Come Pray: Carmel's Women's Ministry invites all women of Carmel to join a weekly Daughters of the King prayer gathering. No need to sign up! Just come with an expectant heart and open hands! Choose from one of these three weekly gatherings in the Carmel Prayer Room.

- Tuesday mornings:
- 11:45am 12:45pm (beginning January 11) 11:45am - 12:45pm
- Thursday mornings: • Tuesday evenings:
  - 7:00 8:00pm (1st and 3rd Tuesday evenings)

Bible Study Begins: We celebrate over 300 women are participating in 13 Winter/ Spring Bible studies meeting at Carmel throughout the week!

Home Bible Studies Coming this Fall: Carmel's Women's Ministry wants to "Go Across the Street" to reach those in our neighborhoods. Home Bible studies help create a more intimate environment to study God's Word and experience authentic community. Stay tuned for more information about how you can learn more about facilitating a Neighborhood Bible study.



### Where Should You Park?

On Sunday mornings the parking area in front of our main building entrance is reserved for guests and people who need special access. The Orange Lot (next to the Preschool/CarmelKidz entrance) is for families with younger children. Everyone else? Utilize the Blue Lots (toward Reverdy Lane) or the "door-to-door" shuttle service from Elizabeth Lane Elementary School.



### Staff Milestone Anniversaries

#### 5 Years of Service: Keith Kitchen, Facilities

Keith works on our maintenance team, providing support to all ministry areas - from repairs to clean-ups to light construction. He is always willing to help, guick to respond and meets every task with kindness, patience and the heart of a servant. If you see Keith on campus this month, be sure to thank him for his faithful service to the church and schools.



### 10 Years of Service: Janice Mumpower, Children's Ministry Assistant

Janice handles all support for Children's Ministry and Women's Ministry. Her attention to detail and servant-heart make so many behind-the-scenes things happen. We are thankful for Janice's commitment and dedication to both of these ministry areas.





### Sunday Morning Overview Lower Level Preschoolers: Jesus' Miracles

The Bible tells us Jesus' miracles served the purpose of showing His power. Miracles remind us of the restoration of all things Jesus will bring when He returns to earth to reign forever. They are the promise of what is to come!

### This Month's Special Words: Jesus grew and I can too!

### **Bible Stories:**

January 3	Jesus in the Temple
January 10	Jesus' First Miracle
January 17	Jesus Calms the Storm
January 24	Jesus Feeds Thousands
January 31	Jesus Walks on Water

### Three's - Kindergarteners: Come, Follow Me: Jesus' Ministry Begins

This month, our focus shifts from the long-awaited Savior being born to Jesus' life and ministry. Everywhere Jesus went, He taught, healed, loved, and served people. God had a very special plan for Jesus' life on the earth and He wants us to follow Him!

### This Month's Special Words: We can follow Jesus!

### **Bible Stories:**

January 3 January 10	Jesus Spends Time at the Temple Jesus' Ministry Begins: Baptism, Choosing
	Disciples, Clears the Temple
January 17	Jesus' First Miracle: The Wedding at Cana
January 24	The Centurion's Faith
January 31	Healing at the Pool of Bethesda

### Be a Champion for the Next Generation

Every child deserves a champion, an adult who will never give up on them, who understands the power of connection, and insists that they can become the best that they can possibly be.

With the beginning of a new year, many families make resolutions to get back in church. Let's be ready to pour into these families with plenty of champions serving our Nearest! Interested? Stop by or call the Preschool Ministry Office (704.849.9723, opt#1).



### MOPS - 1st Tuesday of the Month

Moms of Preschoolers (pregnancy through Kindergarten) - come to Carmel Baptist MOPS for a well deserved night off! This month, Chrystal Bachmann shares money saving tips with us on **Tuesday**, **January 5 from 7:00 - 9:00pm** in the Uptown Auditorium. We'll enjoy breakfast for dinner as well as a fun, interactive game. Childcare is available with a reservation. For more information, email MOPSatCarmel@gmail.com. Also, mark your calendars for our Tuesday, February 2 meeting when local Pediatrician, Dr. Stephen Renfrow, will share insight and wisdom.

### Weekday Early Education (WEE) School - Registration Coming



Carmel offers a weekday preschool experience for children 6 weeks through Transitional Kindergarten from September - May where children are loved and well cared for while learning about Jesus. They are also gaining readiness and life skills needed to be successful in Kindergarten. Options for the 9:00am - 1:00pm preschool day include 1 day, 2 day, 3 day, 4 day and 5 day options with tuition based on the number of days. Priority registration for Carmel members begins Sunday, January 31. Pick up, complete and return Registration Forms/Fees at the WEE School office. Stop by for a tour at your convenience!



### Milestone 1 Parent/Child Dedication - Sunday, February 7

If you have a Preschooler and would like to participate in Parent/Child Dedication on Sunday, February 7 during the hour you typically worship, contact Cindi Baker at 704.849.9723, opt#1. This is the first milestone in your child's spiritual journey and an exciting time for the church to see and encourage your family.



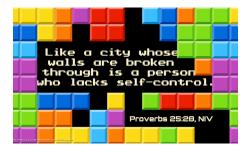


### Sunday Mornings:

### Discovering God's characters in His Big story to trust our Big God!

1st Grade:Extraordinary Jesus Grew2nd Grade:Contact - Learning God's attributes3rd Grade:Show you know, Jesus - God Man and The Lamb of God4th Grade:Doing Life Together5th Grade:It fits together: God's story - Kingdom divided and God's warning through prophetsPreteens:David and Daniel: A Contrast in CharacterSpecial Needs:Church helps and prays for one another





### Wednesday Nights: Change the way you play!

We've all experienced them-young and old alike-moments when frustration gets the better of us and we suddenly feel like we're losing our minds.

The book of Proverbs includes several verses where God gives us wisdom to practice for those moments when we'd rather do anything but show self-control. This month, CarmelKidz looks at self-control through God's lens and explores uncommon wisdom that Solomon captured in the book of Proverbs.

- God can give you the power to control yourself (Proverbs 25:28)
- Pause before you lose your temper (Proverbs 16:32)
- Select your words carefully (Proverbs 21:23)
- Know when you should stop (Proverbs 25:16)
- Use God's words to guide your thoughts (Proverbs 4:23, Philippians 4:8)

As we learn to reflect the character of God and respond to His love for us, self-control is crucial. After all, how we live speaks volumes to our friends, family, and even strangers we meet every day. Our ability to show self-control in the heat of the moment could make or break someone's view of God.

#### Key Dates:

Sundays, January 3, 10, 17, 24: January First
Step Class (pre-registration required)
Wednesday 13: Famjam\*
Wednesdays 20 & 27: Kidjam
Sunday, February 7: February First Step Class
(pre-registration online now)
Friday, February 5: Preteen Night Out

\*Parents, please join us on Wednesday, January 13 for Famjam so that we can all work together to show why selfcontrol matters! Church + Home = working together to make a bigger impact on the next generation.



The great story of Jesus' birth is told in different and unique ways to capture the hearts of each of our uniquely created CarmelKidz!







### Sunday Nights - 6:30 - 8:00pm

After you have dinner with your family, come hang-out, play games, kick a soccer ball, build friendships and have meaningful conversations at our Sunday evening grade-level home fellowships! Adult leaders will facilitate a large group discussion based on the Sunday morning message and Table Talk email. The fun **begins Sunday, January 10**. Location information will be emailed directly to Student families.







### HS Students/Parents Dodgeball/Pancakes

All 9th - 12th Grade students and parents are invited to join us for a morning of pancakes and dodgeball from 9:00 - 11:00am in the Gym on **Saturday, February 6**. You can just eat pancakes, just play dodgeball, or do both! It's going to be a lot of fun. Sign up at carmelstudents.org.



### Survivor 8th Grade Retreat - Register Now

The shift from middle school to high school is tough with all the pressure, stress, and demands! Friends, teachers, coaches and parents have expectations and difficult questions. Survivor 8th Grade Retreat helps prepare students for this transition through challenges, worship, survival tips and time to hang out with friends. This event is designed to be part of the church celebration of the Purity for Life Milestone. Dates are March 18 - 20. Details and registration available at carmelstudents.org.

### **Key Dates:**

**January 2 - 4**: Passion Conference for Seniors

January 3: DC Begins

January 10: C2 Begins

January 13: Fuel Worship Begins

**February 6**: HS Students/ Parents Pancakes/Dodgeball

**February 10**: Special Night of Worship and Prayer with Wayne Kerr Band

### Night of Worship to feature the Wayne Kerr Band

We will be having a special night of worship and prayer on **Wednesday**, **February 10 in the Gym from 6:15 - 7:30pm**. We have invited the Wayne Kerr Band to lead us in worship throughout the evening. We encourage all students to come and join our voices together through song and prayer. Parents, you are welcome to come and be a part of this special night as well. Check out the Wayne Kerr Band at waynekerrmusic.com.





### NEIGHBORS

We celebrate and invite you to join what God is doing through Carmel to Love and Serve our Neighbors.

### Thank you Carmel!

Thanks to your generosity through the Love + Serve Engagement Area, we were able to provide bedding to children, clothes to refugees, heaters to low-income older adult and Christmas gifts to our Special Needs ministry! Carmel, you gave:

- 41 articles of clothing for Refugees
- 300 undergarments for men in Rehab
- · 320 cans/boxes of food
- 30 hat/glove sets and heaters for low income seniors
- 100+ baby outfits
- 38 food/shopping gift cards for our Nearest in the Joy Ministry
- \$3,000+ of products made by women escaping human trafficking purchased
- \$1,500 to purchase clothes for foster children served at Mosaic Style with Love store

### **Chinese Ministry to Host New Year Celebration**

Carmel's Chinese Ministry - our next church plant - will once again host a community-wide Chinese New Year Celebration at Carmel on **Sunday, February 7** from 1:30 - 5:30pm. Amid the Chinese food and snacks, there will be fun activities for the whole family, cultural performances and the Gospel will be shared. Please be in prayer for this event - and come be a part of it!



Over 100 friends, caregivers and volunteers came to fellowship at our Joy Ministry Christmas Party!

### **Key Dates:**

February 12: Joyful Hearts Club check our website for details April 9: Justice For Charlotte Conference April 28 & 29: Joy Prom - celebrating its 10th Anniversary

### NATIONS

## Want to learn more about what Carmel is doing to make disciples of the Nations? Visit the SERVE/NATIONS page on **carmelbaptist.org.**

### Make 2016 A Year You Will Never Forget

Short-term missions is one of the greatest and most life-changing experiences a believer can have in their walk with the Lord. Those who come back from serving on a mission trip have an expanded worldview, have discovered gifts and callings they never knew they had, formed new relationships and friendships, and have been used to strengthen and encourage both those who serve overseas as well as local believers.

Short-term missions cannot be explained, it has to be experienced. 2016 could be the year that radically changes your life and deeply impacts your relationship with Jesus Christ! Take that step of faith and allow the Lord to use you in ways you have never imagined and to show you things you never dreamed possible.

Interested? Here are some of the opportunities available to you in 2016. For more information on these trips, go to Carmel's website, click on "SERVE" and view the short-term mission trips we are sponsoring this year.

#### 2016 Opportunities

Guatemala: June 11 - 18 (Information meeting Sunday, January 17 at 12:30pm in the Conference Room)

Kenya:	June 16 - 27
Albania:	June 17 - 25
Cuba:	June 16 - 24
Ukraine:	June 17 - 25
Mexico:	June 18 - 25
Guyana:	July 23 - 30 or July 30 - August 6
	(attend one week or both weeks)

### New Mission Trips for 2016 - 2017

Once a year the GO Team evaluates and approves new mission trip opportunities for the coming season. The Mission Trips Ministry Team is in the process of accepting recommendations for mission trips for the 2016 - 2017 fiscal year. If you would like to lead or recommend a mission trip to be considered as one of Carmel's approved mission trips for 2016 - 2017, please visit the Mission Trip Resources page on carmelbaptist. org and download the Short-Term Trip and Leader Application. Please return your completed application to Diane McGee at dianem@carmelbaptist.org no later than Friday, January 29.

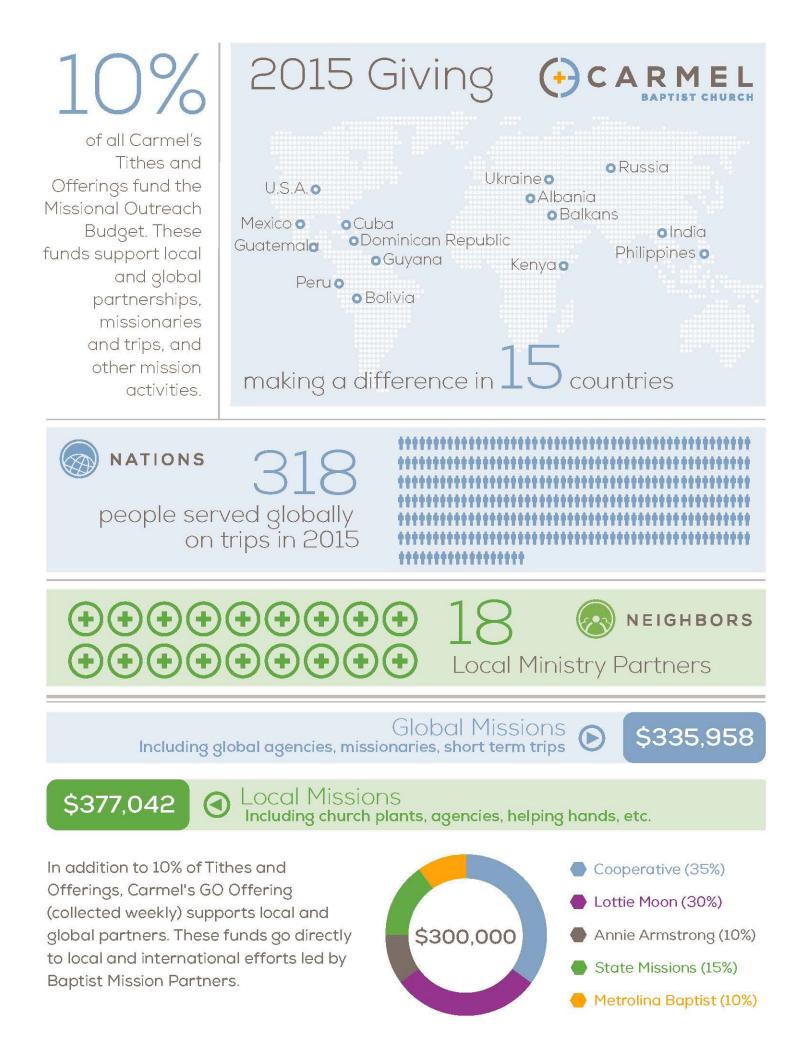
### **Prayer Focus: Peru**

### Robbye Fielden - Carmel Missionary in Lima, Peru

Robbye serves as Personnel Coordinator, Office Manager, and Guest House Manager, supporting the missionaries that serve with SIM across Peru. Pray that she finds ways to equip and encourage the missionaries in her care.

#### Unreached People Group: The Achuar in Jivaro, Peru

Of the 5,000 Achuar, only 15% are professing Christians, of which many still practice witchcraft. Pray the missionaries in Peru can bring the Word of God to these people. Education in hygiene, farming, social order and the value of medicines would likely be beneficial to this people.

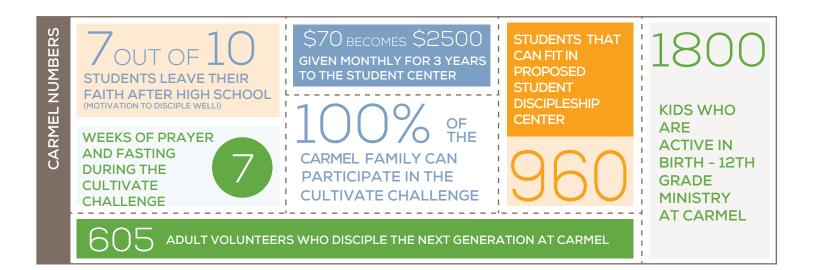


### Dear Lord,

You are the Living Water who sustains and nourishes us. We confess our dependency upon You as our source of life, here and in eternity. We also confess that sometimes our hearts are not tender toward You, and we long for You to till the soil within us. As the Body of Christ at Carmel, may we trust that our glad obedience bears fruit for Your glory and impacts generations to come. Holy Spirit, help us to remain rooted and nourished by the Word so that our homes, our neighborhoods, and our mission fields are ripe for a new harvest of discipleship. May Christ be more and more at home in our hearts as our roots go down deep into the soil of God's marvelous love (Ephesians 3:17). Open our hearts and our hands, Lord, that You cultivate within us more than we ask or imagine according to your great power and glory in the Church and throughout all generations. Amen! (Ephesians 3:20)



If you have a prayer photo we could use in a future edition of The Table please email it to communications@carmelbaptist.org.





#### **Carmel Baptist Church**

carmelbaptist.org 704.847.8575

### Schools

weeschool.org carmelchristian.org

twitter.com/carmelbaptist

### **Carmel Counseling Center**

carmelcounselingcenter.org

